



Don't forget to eat your vegetables

Red Oak Community School High School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

May 2018

MONDAY

1

TUESDAY

2

WEDNESDAY

- Classic Cafe** Breakfast Bar
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza
- Diner Station** Spicy Chicken Patty on Bun, Golden French Fries
- Grab and Go** Double Decker PB & J Sandwich

- Classic Cafe** Hot Ham & Cheese Flatbread, Calico Bean Bake
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Bacon Cheeseburger
- Diner Station** Cheese Bosco Stick, Golden French Fries
- Grab and Go** Crispy Chicken Wrap

3

THURSDAY

4

FRIDAY

EXTRA INFO

- Classic Cafe** French Bread Pizza, Roasted Cauliflower, Homemade Brownie
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Taco Pizza
- Diner Station** Roasted Hot Dog on a Bun, Golden French Fries
- Grab and Go** Turkey Deli Sub Sandwich

- Classic Cafe** Taco Bar
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza
- Diner Station** Chicken Patty on Whole Grain Bun, Golden French Fries
- Grab and Go** Honey Mustard Ham Wrap

Harvest of the Month



Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
Entree Salads are served with Dinner Roll.
For questions or comments, contact Mindy Riibe at 712-621-0042

Menus are subject to change without notice. This institution is an equal opportunity provider.





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7 MONDAY

- Classic Cafe** Build Your Own Burger, with Toppings, Golden French Fries
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Diner Station** Spicy Chicken Patty on Bun, Golden French Fries
- Grab and Go** Chicken Caesar Wrap

8 TUESDAY

- Classic Cafe** Popcorn Chicken Bowl
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Beef
- Diner Station** Mini Corn Dogs, Golden French Fries
- Grab and Go** Ham Deli Sub Sandwich

9 WEDNESDAY

- Classic Cafe** Pancakes, Strawberry Topping, Scrambled Egg, Hashbrown Potatoes
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Turkey & Cheese Calzone
- Diner Station** Crispy Chicken Nuggets, Whole Grain Dinner Roll, Golden French Fries
- Grab and Go** Turkey BLT Wrap

10 THURSDAY

- Classic Cafe** Philly Flatbread, Warm Potato Salad with Mustard
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Calzone
- Diner Station** Corn Dog, Golden French Fries
- Grab and Go** Ham & Cheese Pinwheel

11 FRIDAY

- Classic Cafe** Taco Bar
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Chicken Alfredo Pizza
- Diner Station** Cheeseburger on Bun, Golden French Fries
- Grab and Go** Turkey Ranch Wrap

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14

MONDAY

- Classic Cafe** French Toast Sticks, Sausage Patty, Breakfast Potatoes
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza
- Diner Station** Hamburger on a Bun, Golden French Fries
- Grab and Go** Turkey Deli Sandwich

17

THURSDAY

- Classic Cafe** Southern Chicken Biscuit, Baked Beans
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza
- Diner Station** Crispy Chicken Tenders, Whole Grain Dinner Roll, Golden French Fries
- Grab and Go** Turkey BLT Wrap

15

TUESDAY

- Classic Cafe** Popcorn Chicken Bowl, Whole Grain Dinner Roll
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Calzone
- Diner Station** BBQ Rib Sandwich, Golden French Fries
- Grab and Go** Egg & Chicken Salad Slider Combo

18

FRIDAY

- Classic Cafe** Wing Bar
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Turkey & Cheese Calzone
- Diner Station** Chicken Crispito, Homemade Nacho Cheese Sauce, Golden French Fries
- Grab and Go** Chicken Caesar Wrap

16

WEDNESDAY

- Classic Cafe** Chicken Philly Sandwich, Broccoli Salad
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Cheeseburger Pizza
- Diner Station** Roasted Hot Dog on a Bun, Golden French Fries
- Grab and Go** Double Decker PB & J Sandwich

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21

MONDAY

- Classic Cafe** Italian Meatball Sub, Green Peas
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Diner Station** Crispy Chicken Nuggets, Whole Grain Dinner Roll, Golden French Fries
- Grab and Go** Chicken Caesar Wrap

24

THURSDAY

- Classic Cafe** Chicken Bacon Ranch Melt on Ciabatta, Chicken Noodle Soup
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Cheeseburger Calzone
- Diner Station** Hamburger on a Bun, Golden French Fries
- Grab and Go** Turkey Deli Sub Sandwich

22

TUESDAY

- Classic Cafe** Taco Bar
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Jalapeno Chicken Calzone
- Diner Station** BBQ Rib Sandwich, Golden French Fries
- Grab and Go** Crispy Chicken Wrap

25

FRIDAY

- Classic Cafe** Breakfast Bar
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza
- Diner Station** Chicken Patty on Whole Grain Bun, Golden French Fries
- Grab and Go** Turkey BLT Wrap

23

WEDNESDAY

- Classic Cafe** Pasta with Meat Sauce, Garlic Toast, Green Beans
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Chicken Bacon Ranch Pizza
- Diner Station** Maxx Sticks, Golden French Fries
- Grab and Go** Turkey & Cheese Pinwheel

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28

MONDAY

Classic Cafe No School-Memorial Day

31

THURSDAY

Classic Cafe Hot Ham & Cheese Panini, Scalloped Potatoes

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Beef

Diner Station Mini Corn Dogs, Golden French Fries

Grab and Go Double Decker PB & J Sandwich

29

TUESDAY

Classic Cafe Popcorn Chicken Bowl

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Taco Pizza

Diner Station Salisbury Steak Sandwich, Golden French Fries

Grab and Go Turkey BLT Wrap

1

FRIDAY

Classic Cafe Chicken Crispito, Homemade Nacho Cheese Sauce, Corn

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Turkey & Cheese Calzone

Diner Station Cheeseburger on Bun, Golden French Fries

Grab and Go Crispy Chicken Wrap

30

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